



**Samuel Barlow**  
Primary Academy

# PSHE Jigsaw Curriculum

## Overview

# PSHE Jigsaw Curriculum Map

<b>Puzzle</b>	<b><u>Being me in my world</u></b>	<b><u>Celebrating Differences</u></b>	<b><u>Dreams and Goals</u></b>	<b><u>Healthy Me</u></b>	<b><u>Relationships</u></b>	<b><u>Changing me</u></b>
Year 1	Rights and responsibilities	Introduction to bullying	Setting simple goals	Differences between healthy and unhealthy	Identifying family members	Learning about different body parts
Year 2	Owning own learning	Recognising we are different	Choosing realistic goals	What my body needs to be healthy	Identifying the relationships with family members	Physical differences between girls and boys
Year 3 and 4 A	Making positive choices	Recognising family conflict	Choosing dreams/ambitions	Effects of exercise on body and organs	Roles and responsibilities of family members	How we change when babies grow
Year 3 and 4 B	Understanding my community and democracy	Witnessing bullying	Discussing hopes and dreams	Effects of smoking and alcohol on our health	Jealousy and its effects on relationships	Internal parts of a male and female bodies
Year 5	Rights and responsibilities of a citizen	Types of bullying (racism)	Discovering dreams and goals of cultures	Risks of smoking and alcohol on our organs	Safety within online communities	Different ways babies are made
Year 6	Rights for global citizens and children	Sources of conflict and celebration	Strengths and challenges of my goals	Effects of drugs on our health	Discussing mental health within family	Looking after yourself mentally and physically