Relationships and Sex
Education Policy
Local Appendix
Samuel Barlow Primary
Academy

February 2024



Contents

| 1 | Policy Appendix Statement | . 3 |
|-----|---|-----|
| | Purpose | |
| 1.2 | Aims | . 4 |
| 2 | Roles and responsibilities | . 4 |
| | Local Academy delivery of Relationships and Sex Education (RSE) within Personal, Social Health Education (PSHE) | |
| 4 | Safeguarding | . 7 |
| 5 | Visitors | . 7 |
| 6 | Complaints | . 8 |
| 7 | Review of the policy and appendix | . 8 |

| Published: | Next review: | Statutory/non: | Lead: |
|---------------|--------------|----------------|----------|
| February 2024 | June 2024 | Statutory | RSE Lead |

Associated documents:

Local Academy Related Policies and Appendices

- Local Academy Online Safety Appendix
- Local Academy RSE (Relationships and Sex Education) Policy
- Local Academy Safeguarding, Child Protection and Low Level Concerns Appendix

Trust Related Policies and Appendices

- Diverse Academies Online Safety Policy
- Diverse Academies Safeguarding, Child Protection and Low Level Concerns Policy
- Diverse Academies Concerns and Complaints Policy

Links to:

Link to all Diverse Academies Policies https://www.diverseacademies.org.uk/about-us/policies/

Link to all Local Academy Appendices https://www.samuelbarlowprimary-ac.org.uk/our-academy/policies/

HM Gov Equality Act 2010: https://www.gov.uk/guidance/equality-act-2010-guidance

DfE Keeping Children Safe in Education

202https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/aftile/1161273/Keeping_children_safe_in_education_2023_-statutory_guidance_for_schools_and_colleges.pdf

HM Gov Working Together to Safeguard Children 2023

Working together to safeguard children 2023: statutory guidance (publishing.service.gov.uk)

HM Gov Special Education Needs and disability Code of Practice: 0 to 25 Years:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/398815/SEND Code of Practice January 2015.pdf

Diverse Academies Concerns and Complaints Policy: <u>Concerns and Complaints Policy</u> HM Gov Education and Inspections Act 2006:

https://www.legislation.gov.uk/ukpga/2006/40/contents

DfE Relationships Education, Relationships and Sex Education and Health Education Guidance Relationships Education, Relationships and Sex Education and Health Education guidance (publishing.service.gov.uk)

1 Policy Appendix Statement

This is a local policy appendix providing additional local context to the overarching Diverse Academies Relationships and Sex Education Policy.

The trust policy, and academy appendices, adhere to the latest guidance found in the statutory guidance for Relationships Education, Relationships and Sex Education (RSE) and Health Education (DfE Sept 2021).

"To embrace the challenges of creating a happy and successful adult life, pupils need knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. Pupils can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks, challenges and complex contexts. Everyone faces difficult situations in their lives. These subjects can support young people to develop resilience, to know how and when to ask for help, and to know where to access support.

High quality, evidence-based and age-appropriate teaching of these subjects can help prepare pupils for the opportunities, responsibilities and experiences of adult life. They can also enable schools to promote the spiritual, moral, social, cultural, mental and physical development of pupils, at school and in society.

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of statutory RSE." (Relationships Education, Relationships and Sex Education (RSE) and Health Education (DfE Sept 2021)).

The teaching and curriculum of RSHE at Samuel Barlow Primary Academy has been designed to equip all children with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago. The recent changes made with regard to the Secretary of State's guidance bring the content into the 21st century, so that it is relevant for all children.

1.1 Purpose

- To support the Trust RSE policy with information specific to the Samuel Barlow Primary Academy
- To provide clarity on RSE statutory obligations

1.2 Aims

- To establish the roles and responsibilities with regard to RSE
- To ensure that parents know what content is taught and what their rights for withdrawing their children from sex education are

2 Roles and responsibilities

The Governing Body

Review any amendments or updates to this policy appendix

 Set the framework for the development of this policy appendix in conjunction with the Principal, the Diverse Academies RSE Policy and national guidance

The Principal and Senior Leadership Team

- Consult with the Trust in setting the framework for development of the RSE Policy
- Set the framework for this local appendix and communicate this to staff, parents / carers and students
- Take responsibility for the quality and development of RSE including adapting the content to suit the needs of the pupils and the context of the local community
- Plan, manage and operate training and line management to develop staff knowledge, understanding and skills
- Ensure that operations involve regular publicising of the details of helplines and websites
- Manage requests to withdraw students from [non-statutory/non-science] components of RSE

Staff

- Refer to the trust vision "to inspire, to raise aspirations and to create brighter tomorrows as
 well as 'we empower, we respect, we care' (Diverse Academies core values) and The
 Samuel Barlow Standards to care, be responsible, be respectful and strive to succeed.
- Articulate and follow the academy behaviour expectations, systems, and procedures
- Promote the British Values of respect, tolerance, and the rule of Law
- Provide a secure, orderly, healthy, and safe environment for children
- Consider pupils views and concerns, ensuring that they receive fairness of treatment
- Promote good and appropriate behaviour through purposeful, enjoyable learning because of well-planned and delivered lessons in well-managed classrooms
- Expect students to engage maturely in RSE lesson content and respond proportionately and appropriately to any poor attitudes to learning
- When spontaneous discussion arises that risks emotional reactions, staff are expected to support effective and safe discussion of issues and also to protect vulnerable students and those who feel uncomfortable.
- If staff feel uncomfortable with any RSE delivery they should inform their line manager who will support and liaise through line management pathways to support as is reasonable
- Where visitors are involved in the delivery of PSHE, ensure that:
 - the visitor understands the academy's confidentiality policy, values and approach to the educational programme
 - o there is appropriate planning, preparatory and follow up work for the sessions

 the visitor understands the emotional, intellectual, cultural, religious, social and ability level of the students involved, including where there may be a specific issue relating to child protection

Students

- Show due regard for the emotional and physical wellbeing of all students and staff
- Understand that all students are entitled to be treated kindly and without discrimination
- Engage maturely in PSHE lesson content
- Support and show understanding to staff

Parents / carers

- Encourage their children to engage positively
- Work in partnership with the academy and follow process if there are concerns about RSE content
- 3 Local Academy delivery of Relationships and Sex Education (RSE) within Personal, Social and Health Education (PSHE)

Relationships Education has been compulsory in all primary schools since 2020

PSHE education was already compulsory in independent schools so Health Education as well as other PSHE topics are not new requirements in Samuel Barlow Primary Academy

At Samuel Barlow Primary Academy, Relationships and Health education (Which includes wellbeing and changing adolescent body) will focus on teaching children about the fundamental building blocks and characteristics of positive relationships, with particular reference to forming healthy friendships, family relationships of all forms, and relationships with other children and with adults. Details of the content include:

Develop confidence in talking, listening and thinking about feelings and relationships.

Are able to name parts of the body, describe how their bodies work, change and how to keep ourselves physically and mentally healthy.

Can protect themselves and ask for help and support.

The National Curriculum for science also includes subject content in related areas, such as the main external body parts, the human body as it grows from birth to old age including puberty and reproduction in some plants and animals.

Preparing Pupils for developing positive relationships online and recognising harmful risks, contents and contact online.

Drawing attention to these areas in a range of contexts will enable all pupils to form a strong early understanding of the features of relationships that are likely to lead happiness and security.

The Sex Education Curriculum at Samuel Barlow Primary Academy follows guidance from the PSHE national association which is an approved resource by the DfE. These lessons will focus on supporting pupils to understand how their bodies change into adolescence as they grow and to support them to have safe healthy relationships in preparation for Secondary Education.

Sex Education lessons will be taught in the summer term to pupils with parental consent.

Any parent wishing to withdraw their child from any particular element of sex education should follow the process detailed at section 23 of the Trust RSE policy. Essentially this involves writing to the headteacher then meeting with the headteacher to provide an opportunity for parents/carers to explain reasons for withdrawal and the headteacher to explain the benefits of the education.

4 Safeguarding

The classroom is not a confidential place to talk and students will be reminded of this. However, the nature of PSHE content means that pupils may disclose personal information that teachers will respond to proportionately and appropriately with due regard to the trust Safeguarding and Child Protection Policy.

5 Visitors

Sometimes external staff are recruited to deliver or support delivery of PSHE.

Any visitor to the academy delivering PSHE content will be bound by the trust's policy on confidentiality, regardless of whether they have, or their organisation has, a different policy. We acknowledge that sensitive and potentially difficult issues will arise in PSHE delivery as students will naturally share information and seek answers.

Primarily, lessons will be delivered by academy teachers. However, when appropriate, we may use visitors from external agencies or members of the community to support the delivery of PSHE. A member of academy staff will be present throughout these sessions. Schools are responsible for ensuring that speakers, tools and resources do not undermine the fundamental British values of democracy, the rule of law, individual liberty, and mutual respect and tolerance of those with different faiths and beliefs.

6 Complaints

Samuel Barlow Primary Academy always seeks to resolve any dissatisfaction or concerns with regard to behaviour through the teaching staff. If there are further concerns please refer to the Diverse Academies Concerns and Complaints Policy.

Allegations made by pupils against staff, will be dealt with in accordance with the Safeguarding and Child Protection Appendix and through the LADO (Local Authority Designated Person) at Nottinghamshire County Council. Allegations that are made that are found to be false, could lead to serious consequences and will be dealt with proportionately and appropriately.

7 Review of the policy and appendix

This appendix is scheduled for review annually, in the summer term, to reflect any further legislative or guidance changes.