

Autumn Menu 2021

Monday

Tuesday

Wednesday

Thursday

Friday

Week One

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| Option 1 | Sausage, Mash Potatoes and Gravy | Beef Burger with Potato Wedges | Roast Chicken with Stuffing, Mash Potatoes and Gravy | Beef Lasagne with Garlic Bread | MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce |
| Option 2 | Macaroni Cheese | Quorn Burger with Potato Wedges | Vegetable Wellington with Mash Potatoes and Gravy | Vegetarian Lasagne with Garlic Bread | Homity Pie with Chips |
| Option 3 | Ham Wrap | Cheese Sandwich | Hot Roast Baguette | Tuna Mayo Sandwich | Fish Finger Wrap |
| Vegetables | Peas Sweetcorn | Carrot sticks Sweetcorn | Cauliflower Broccoli | Roasted Mixed Vegetables | Baked Beans Garden Peas |
| Dessert | Apple Sponge with Custard | Mandarin Jelly | Fruit and Yoghurt Station | Oaty Cookie | Apple, Cheese and Biscuits |

Week Two

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|------------|-------------------------------------|--------------------------------|--|--------------------------------------|--|
| Option 1 | Cheese and Tomato Pizza with Wedges | Macaroni Beef Pasta Bake | Roast Turkey with Mash Potatoes and Gravy | Mediterranean Chicken Stew with Rice | MSC Breaded Fish with Chips and Tomato Sauce |
| Option 2 | Vegetable Tagine with Couscous | Broccoli and Cheese Pasta Bake | Roasted Quorn with Mash Potatoes and Gravy | Homity Pie | Mexican Bean Roll with Chips |
| Option 3 | Ham Wrap | Cheese Sandwich | Hot Roast Baguette | Tuna Mayo Sandwich | Fish Finger Wrap |
| Vegetables | Salad Coleslaw | Sweetcorn Garden Peas | Broccoli Carrots | Sweetcorn Green Beans | Baked Beans Garden Peas |
| Dessert | Pear Sponge with Custard | Chocolate Shortbread | Fruit and Yoghurt Station | Peach Upside Down Cake | Apple Flapjack |

Week Three

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| Option 1 | Spaghetti and Meatballs | Sausage Roll with Wedges | Roast Beef with Mash Potatoes and Gravy | Chicken and Gravy Pie with Mashed Potatoes | MSC Fish in Batter with Chips and Tomato Sauce |
| Option 2 | Spaghetti and Vegetarian Meatballs | Mexican Bean Roll | Mixed Vegetable Loaf with Mash Potatoes and Gravy | Wholemeal Vegetable Pasta Bake | Quorn Sausage with Chips |
| Option 3 | Ham Wrap | Cheese Sandwich | Hot Roast Baguette | Tuna Mayo Sandwich | Fish Finger Wrap |
| Vegetables | Broccoli Sweetcorn | Garden Peas Carrots | Carrots Broccoli | Green Beans Cauliflower | Baked Beans Garden Peas |
| Dessert | Jelly and Ice Cream | Chocolate Sponge with Chocolate Sauce | Fruit and Yoghurt Station | Eves Pudding and Custard | Pinwheel Cookie |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.