

Spring Menu 2021

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|------------|---|--|--|---|---|
| Week One 4 th January 25 th January 22 nd February 15 th March | Main Meal | Macaroni Cheese | Pork Sausage, Mashed Potatoes and Gravy | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Chicken Tikka Curry with 50/50 Rice   | Fishfingers/ Salmon Fishfingers with Chips |
| | Vegetarian | Soya Spaghetti Bolognese  | Vegetarian Sausages, Mashed Potato and Gravy  | Vegetable Wellington with Roast Potatoes and Gravy  | Lentil and Sweet Potato Curry with 50/50 Rice   | Wholemeal Cheese and Tomato Quiche with Chips  |
| | Vegetables | Sweetcorn Peppers | Cauliflower Cabbage | Swede and Carrot Mash | Broccoli Carrots | Baked Beans Peas |
| | Dessert | Marble Sponge with Custard | Pineapple Cake | Fresh Fruit or Yoghurt | Apple, Cheese and Crackers | Chocolate Cocoa Cookie  |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |
| Week Two 11 th January 1 st February 1 st March 22 nd March | Main Meal | Sausage Roll with Wedges | Mexican Beef Chilli with 50/50 Rice   | Roast Gammon, Roast Potatoes and Gravy | Chicken and Red Pepper Pizza with Wedges  | Fish in Batter with Chips |
| | Vegetarian | Tomato and Vegetable Pasta  | Vegetable Hotpot  | Quorn Roast Fillet with Roast Potatoes and Gravy | Chickpea Curry with 50/50 Rice   | Cheese Frittata with Chips |
| | Vegetables | Sweetcorn Broccoli | Peas Carrots | Fresh Mixed Vegetables | Sweetcorn Tomatoes | Baked Beans Peas |
| | Dessert | Oaty Apple Crumble and Custard  | Chocolate Cake with Chocolate Drizzle | Fresh Fruit or Yoghurt | Pear and Ginger Slice | Orange and Lemon Shortbread  |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |
| Week Three 18 th January 8 th February 8 th March 29 th March | Main Meal | Cheese and Tomato French Bread Pizza  | Chicken and Sweetcorn Pie, New Potatoes and Gravy | Sausages, Roast Potatoes and Gravy | Cottage Pie with Gravy  | Fishfingers with Chips |
| | Vegetarian | Jacket Potato with BBQ Beans  | Five Bean Chilli with 50/50 Rice   | Potato and Courgette Stack with Roast Potatoes | Broccoli and Cheese Pasta Bake | Vegan Mexican Bean Roll with Chips  |
| | Vegetables | Coleslaw Mixed Salad | Sweetcorn Broccoli | Peas Cauliflower | Green Beans Carrots | Baked Beans Peas |
| | Dessert | Oaty Cookie   | Banana Sponge and Custard | Fresh Fruit or Yoghurt | Chocolate and Mandarin Brownie | Peaches and Ice Cream |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.